

Edition 006 – 31/05/20

Hi everyone. Hope you all have been staying safe during recent times. We are extremely pleased that we have managed to open our courts for restricted play only. A big thank you to all the committee for their hard work in ensuring the courts could reopen safely and responsibly. The committee are delighted to announce that doubles and social tennis is assessed as safe to take place at Cranston Park - with social distancing and hygiene measures in place. This takes effect from Tuesday 2nd June, 2020. Following guidance issued by the LTA, the committee have worked very hard to ensure that our own risk assessment is fit for purpose. All members have been emailed the restricted tennis notice. Make sure you understand your personal responsibilities.

Things to Remember During Restricted Play

Please remember the following key rules when playing tennis at Cranston Park:

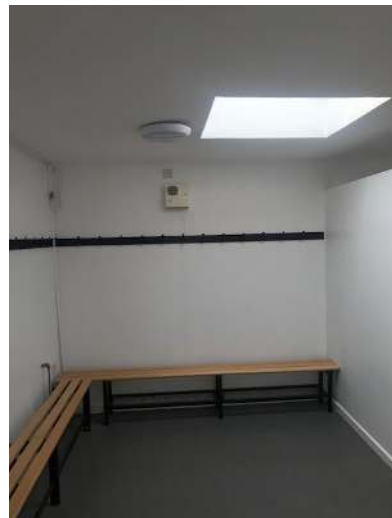
- Singles and doubles play is now allowed between people from different households
- Each player can either bring their own marked up tennis balls, and only handle their own, or ensure everyone cleans/sanitizes their hands before and immediately after using shared tennis balls
- Please follow the social distancing guidelines at all times when at the club
- All gates are to remain open. If you need to swap ends of the court please do so at opposite sides of the net. The clay courts do not need to be swept
- The clubhouse is only open for floodlight use plus toilet and handwashing facilities only. The kitchen, bar, lounge and hall areas remain out of bounds
- Lee and Darren are available for 1-1 coaching. (Contact details see - <https://www.cranstonpark.co.uk/coaching/our-coaches>). A plan to resume some form of group coaching this term is being developed, more info soon
- Courts **must** be booked online through ClubSpark booker app or website.
- If two junior players who are both U13 from different households would like to play together, one parent or responsible adult from one of those households **must** be present to ensure safety and social distancing

guidelines are adhered to

- Junior (and now Parent also) members can *only* book courts between 9am - 5:30pm Monday to Saturday, all full members can book courts at any time

Changing Rooms Makeover

A huge thank you to Frank Bullock for the brilliant makeover of our Men's and Ladies changing rooms, and the corridor leading to them. As soon as the clubhouse can reopen, you'll be able to see the great work Frank has done in freshening them up. Until then, here are a couple of photos of the great handywork:



We have also had a hand sanitizer dispenser fitted to the outside of the clubhouse. Please use this before and after you play if you haven't brought your own with you.



Back to Tennis Action Shots!

Here are a few photos of our members enjoying some singles play after a long time away from the courts:

James Davis executing a textbook backhand against familiar opponent Jordan Jones, whilst Jack Higgs practices his volleys against dad Trevor in the background.



Virginia preparing to return another big serve from Nathan.



Great to see the juniors back enjoying the courts too, here with sisters Lucy and Emily Quinlan battling it out for bragging rights!



Singles Box League

Seeing as all the summer leagues have unfortunately had to be cancelled this year, the club has decided to run a summer Singles Box League competition, for all members of the club to enter. More details will be emailed out shortly, but players will be separated into different leagues of similar standard, in order to provide some friendly competition for those that wish to enter. Please speak to Marlon or Lee if you would like to know more.

Thank you Penny!

After a lot of committed years, Penny has decided to step down from her role as Memberships Secretary. You will still be able to see Penny around the club, as she is remaining an active playing member. Thank you Penny for all your hard work over the years, we really appreciate everything you have done for us! If anyone would like to take on this role and join the committee, please feel free to contact chairman Guy Wade at chair@cranstonpark.co.uk to register your interest!

200 Club

200 CLUB

Congratulations to our 200 club March winners:

1st Stuart Fuller

2nd Bill Colley

3rd Steve West

If anyone would like to join the 200 club we have 4 draws per year with 3 winners per draw. Winners receive £75, £50 & £25 respectively, so a very good return if you win! The cost to enter is £15 a year. Anyone affiliated to the club past or present can enter. For more information or to join please contact Sue Barry on 07703498811.

Cranston Park Adult and Junior Clothing!

Don't forget that we have clothing with the Cranston Park logo on available to order for both adult and children! Our t-shirts and polo tops will be perfect for the summer months. We have the following available:

WHITE T-SHIRTS

£15

WHITE POLO TOPS

£19

HEATHER GREY HOODIE

£21

All come available in the following sizes:

ADULT – SMALL, MEDIUM, LARGE, X LARGE

CHILD – 3/4yrs (no Hoodies), 5/6yrs, 7/8yrs, 9/11yrs, 12/13yrs, 14/15yrs

NEW - WE NOW HAVE ADULT AND CHILDREN WHITE SUMMER CAPS WITH THE LOGO PRINTED ON FOR JUST £8!

All our clothing comes with the **Cranston Park logo** printed to the left breast, **initials** printed to right breast, and **Cranston Park LTC** printed to the back. Our t-shirts and polo tops are 100% polyester.

Ball Machine

Just a reminder about the club's ball machine aka The Lobster!! Now the courts have reopened, you might want to get some practice in with the ball machine! It has many features and can fire the balls out at up to 65mph at frequencies ranging from 2-10 seconds. Speak to Lee regarding hiring the machine out!



Birthday Parties

If you want the team at Cranston Park to hold a tennis party for your child once the club fully reopens, please get in touch with Lee to discuss dates, cost and the party package!

Clubhouse available for hire

Just to remind all members that we do hire out our facilities for parties, Christenings, Holy Communions, Anniversary's etc once we are allowed to reopen. We have a bar with a vast selection of drinks, not to mention cheap!

Facebook / Instagram follow share and review

Please follow, share and review our Facebook and Instagram (cranstonparkltc19) pages. We are constantly updating them with results of our teams and club players, details of events at the club and much more.



Racquet restringing

Hitting the ball too hard and breaking a string? I can restring your racquet for you and have a selection of strings available, or you can provide your own

string! You can leave it with me and I'll get it back to you ASAP.

Thank you again for taking the time to read this newsletter, if anyone has any suggestions of articles for me to include, please send them my way!

Many thanks

Lee Duncan

Head Coach

07952183359

tenniscoach@hotmail.co.uk