



Hi members! WOW, what a busy couple of months it has been!

### Nature Valley Open Day – Sunday 21<sup>st</sup> July

Cranston Park held its first ever Nature Valley Open Day in July, and what an overwhelming turn out for it, over 200 people! Thank you to all that attended the day and brought their family and friends down to the club, I hope everyone enjoyed themselves! We had Adult and Junior Cardio tennis, Mini, Junior and Adult coaching clinics, as well as courts available for free play. Thank you to the committee, my coaching staff and everyone who assisted on the day, you can see some of the photos from the event below:



### Summer Camps and Junior Cardio Tennis

We had our first week of the summer tennis camps and junior cardio tennis last week. It was a great turn-out at every session, with over 50 kids joining in the fun. There are further dates throughout the summer, so if you don't want to miss out on the fun, please contact me to book any spaces! Remaining dates are as follows:

TENNIS CAMP: Tuesday 6<sup>th</sup>, 20<sup>th</sup> August – 9.30am-12.30pm  
(5-12 yrs) Thursday 22<sup>nd</sup> August – 9.30am-12.30pm

JUNIOR CARDIO TENNIS: Wednesday 7<sup>th</sup>, 21<sup>st</sup> August – 9.30-11am  
(9-16 yrs)



## September Timetable

As I mentioned in the previous newsletter, there have been a few changes to the Mini Coaching programme. Please see the new September Timetable below. All parents should have received the email regarding the new timetable and booking process, groups are already beginning to fill up. The Mini Coaching courses have changed so they are in-line with the local schools term-time, hopefully making it easier for everyone when it comes to renewing your child's place. Please get in contact to book your child's space in their new session. The adult classes are running very well, and nothing is changing with regards to them. Please feel free to get in touch if anyone has any suggestions to add to the programme.

Day	Session	Time	Cost	Pay Format	Online Payment Reference
Monday	Junior Performance Squad 14-18 years INVITE	5.15-6.45pm	£7 per session	Pay termly blocks	M1
Tuesday	Mini Red 4-8 years old	4-5pm	£5 per session	Pay termly blocks	T1
	Mini Orange 8-9 years old	4-5pm	£5 per session	Pay termly blocks	T2
	Mini Green 9-10 years old	5-6pm	£5 per session	Pay termly blocks	T3
	Junior Tennis 11-16 years old ADV	5-6pm	Included in membership	Yearly subscription	N/A
	Junior Tennis 14-18 years old BEG/INT	6-7pm	Included in membership	Yearly subscription	N/A
Thursday	Mini Red 4-8 years old	4-5pm	£5 per session	Pay termly blocks	Th1
	Mini Orange 8-9 years old	4-5pm	£5 per session	Pay termly blocks	Th2
	Mini Green 9-10 years old	5-6pm	£5 per session	Pay termly blocks	Th3
	Junior Tennis 11-14 years old INT	5-6pm	Included in membership	Yearly subscription	N/A
Friday	Mini Red 4-8 years old	4-5pm	£5 per session	Pay termly blocks	F1
	Mini Orange 8-9 years old	4-5pm	£5 per session	Pay termly blocks	F2
	Junior Tennis 11-14 years old INT	4.15-5.15pm	Included in membership	Yearly subscription	N/A
	Mini Green 9-10 years old	5-6pm	£5 per session	Pay termly blocks	F4
	Junior Tennis 14-18 years old ADV	5-6pm	Included in membership	Yearly subscription	N/A
Saturday	Mini Red 4-6 years old	9-10am	£5 per session	Pay termly blocks	S1
	Mini Red 6-8 years old	10-11am	£5 per session	Pay termly blocks	S2
	Mini Orange 8-9 years old	10-11am	£5 per session	Pay termly blocks	S3
	Junior Tennis 11-13 years old BEG/INT	10-11am	Included in membership	Yearly subscription	N/A
	Mini Green 9-10 years old	11am-12pm	£5 per session	Pay termly blocks	S4
	Junior Tennis 14-18 years old INT	11am-12pm	Included in membership	Yearly subscription	N/A
	Junior Tennis 10-14 years old - INVITE	1-2pm	FOC	N/A	N/A
	Junior Tennis 14-18 years old - INVITE	2-3pm	FOC	N/A	N/A

## Club Finals Day – SUNDAY 8<sup>th</sup> SEPTEMBER

We have our Club Championships currently underway with Finals Day rapidly approaching. Please come down and support the club on the 8<sup>th</sup> September, the bar will be open and the BBQ will be running. Play is due to start around 10am with finals happening all day. There will also be a **MINI RED 8 AND UNDER tournament at 11am, and a MINI ORANGE 9 AND UNDER tournament at 1pm**. These are for all members of the club or children attending the Mini Tennis courses. They are free to enter, and for boys and girls so please contact me if you would like to enter and participate in this great day. If you are not sure which event to enter, then I will be able to advise you.

## Road to Wimbledon County Finals

You may remember from the last edition of the newsletter that Cranston Park had two qualifiers for the County Finals of the 14U Boys Road to Wimbledon in Adam Johnson and Harry Cossington. Both boys performed brilliantly with Adam winning 3 of his 4 matches. Harry managed to reach the final where he narrowly lost out to a very good player from Harlow. Harry now faces a nervous wait to see if he qualifies to play at Wimbledon as a reserve. We'll be keeping our fingers crossed for you Harry!

Cranston Park also had a player in the girls event at the County Finals! Ella Panchal was in action at Redbridge and also played very well in reaching the semi finals and finishing in 3<sup>rd</sup> place! Well done to all our players, we are very proud of you!



Another mention must go to Ella, who after some rigorous testing, has been selected to follow in her sister Hannah's footsteps and become a ball girl at the Nitto ATP finals in November. Unfortunately for Ella, the training clashes with a school holiday trip, so hopefully Ella will get another opportunity next year!

### **CRANSTON PARK MEN'S FIRST TEAM WIN THE CUP!**

On Sunday 21<sup>st</sup> July, the Men's 1<sup>st</sup> team (Lee, Harry, James and Jordan) were playing in the final of the Intermediate Cup. The team played great in winning every set to win the cup for the first time in 59 years! They will now move into the Senior Cup next year, a far tougher challenge! Well done guys!



### **Olly Beadle Selected to play for Great Britain!**

We have an international athlete amongst us!! Cranston Park player Olly Beadle has been selected to play for GB at the 2019 INAS World Global Games! Olly was selected by the LTA as one of 5 players to head to Australia in October later this year to play on behalf of their country in this prestigious event, which only occurs once every 4 years. This is a reward for the many years of hard work that Olly has given to his tennis. Well done Olly, we are all very proud of you. Good luck in Australia! To read more about the competition, please follow the link: <https://www.lta.org.uk/about-us/tennis-news/news-and-opinion/general-news/2019/july/gb-team-for-2019-inas-world-global-games-announced/>

### **Cranston Park visits the pro's at Eastbourne!**

On Wednesday 26<sup>th</sup> June, Cranston Park had its annual trip to the Eastbourne ATP 250 and WTA premier event. Everyone had a great time, and even finished the day with some fish and chips! Check out some of the photos below!





### **Birthday parties**

Don't forget we are now offering children's tennis birthday parties. Organise the perfect birthday party for your child with the fun, enthusiastic coaches here at Cranston Park. We guarantee games, prizes, balloons and plenty of fun, not to mention a big fuss of the birthday child. You can also hire our hall and kitchen facilities afterwards to provide food afterwards. Contact me for more info and bookings.

### **Clubhouse available for hire**

Just to remind all members that we do hire out our facilities for parties, Christenings, Holy Communions, Anniversary's etc. We have a bar with a vast selection of drinks, not to mention cheap!

### **Facebook / Instagram follow share and review**

Please follow, share and review our Facebook and Instagram (cranstonparkltc19) pages. We are constantly updating them with results of our teams and club players, details of events at the club and much more.



### **Date for your diaries**

- Sunday 8<sup>th</sup> September – Club Finals Day
- Saturday 30<sup>th</sup> November – Club Dinner & Dance at Upminster Golf Club

### **Racquet restringing**

Hitting the ball too hard and breaking a string? I can restring your racquet for you and have a selection of strings available, or you can provide your own string! You can leave it with me and I'll get it back to you ASAP.

### **Lastly – we need your help!**

We need some volunteers to help re-paint the exterior of the clubhouse! If anyone can spare some time, it is happening on Wednesday 7<sup>th</sup> August at 10am. Thank you in advance!

Thank you again for taking the time to read this newsletter, if anyone has any suggestions of articles for me to include, please send them my way!

Many thanks

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